



Patient Guide

MAYFIELD
Spine Surgery Center

4020 Smith Road | Cincinnati, OH |

45209

www.mayfieldsurgerycenter.com

THANK YOU

for choosing the Mayfield Spine Surgery Center. Along with your surgeon, we provide outpatient surgical procedures including same-day and some overnight-stay procedures.

Our surgeons and pain management specialists perform spine surgery and pain management procedures using the most advanced techniques in a comfortable environment that is convenient, efficient and cost effective. Our highly skilled staff delivers quality care with utmost safety, outstanding service, and personalized attention.

This brochure includes information about how to prepare for your procedure or surgery at our Center. If you have any questions, please call us at 513-619-5899.

Our goal is to make your brief stay with us as convenient and comfortable as possible.



Simple Admit™ Registration

For your convenience and privacy, our Center offers secure, online registration. It is important for new and returning patients to complete the registration as soon as possible so that the medical team has time to review your health history before your procedure or surgery.

NEW Patients

1. Go to **mayfieldsurgerycenter.com**
2. Click the link “Register Here”
3. Enter your registration password: **Surgery patients - CSH513SURG**

RETURNING Patients

If you received an email with login instructions:

1. Click the web page link in the email. You will be redirected to a login page.
2. At the login page, your Access Token* will be entered automatically.
3. Enter your date of birth using the “MM/DD/YYYY” format.
4. Click “Resume”. You can then review and modify your most recent health history form.

If you printed or saved your login instructions:

1. Go to **<https://mayfieldspinesurgerycenter.simpleadmit.com/Welcome.aspx>**
2. Follow the link: “Register Here”
3. Enter your secure Access Token* that you saved or printed.
4. Enter your date of birth using the “MM/DD/YYYY” format.
5. Click “Resume”. You can then review and modify your most recent health history form.

*If you no longer have your Access Token, contact customer service at 877-848-4726.

Insurance & Billing

Once your surgery/procedure has been scheduled, your physician's office will call your insurance company to determine coverage. They will contact you prior to your surgery/procedure regarding your charges and clarify any questions you may have about payment. If you have any questions call 513-338-1516.

NOTE: The Surgery Center bill does not include professional service charges of the surgeon, pain management provider, radiologist, pathologist, anesthetist, or laboratory. There may also be charges for equipment, supplies and/or medications. These charges will be sent to your insurance carrier if applicable.



Before Your Pain Management Procedure (Epidural Steroid Injection, Nerve Block, Radiofrequency Ablation, Joint Injection, Spinal Cord Stimulator Trial)

Tips To Help You Prepare

- Follow your physician's instructions regarding stopping aspirin, anti-inflammatory medications and blood thinners. You should check with your Primary Care Physician or Cardiologist to make sure it is safe for you to discontinue these medications. If you are unable to stop these medications please let your pain management physician know before your procedure so that you may discuss your options.
- Follow your physician's specific instructions regarding eating and drinking prior to the procedure. In some cases, the physician may prefer that you **do not** eat or drink before the procedure.
- If you have had a fever, are on antibiotics for a recent infection, or have been ill, please call and notify your physician's office. It may be necessary to reschedule your procedure.
- Your physician will require you to be at the Surgery Center 60 minutes before your appointment. Please read or follow your physician's specific instructions.
- If the procedure has not been explained to you prior to your arrival at the Surgery Center, please ask the nurse or physician to review the procedure and answer any questions you may have.

What To Bring

- If you have Advance Directives (page 13) please bring a copy with you to be placed in your medical record.
- If you have a Medical Power of Attorney, that person must bring their legal documentation the day of the procedure, or the procedure may be cancelled.
- List of all medications and dosages you are currently taking. **You will need this information to fill out the Surgery Center forms.**
- List of any allergies to medications or food
- Your insurance card and **identification**

After Your Procedure

- You will be monitored in the recovery area for approximately 15-30 minutes.
- State safety laws require that all patients must have a ride home with a responsible adult. **Your procedure may be cancelled if you cannot find a ride home.**
- Do not drive for 24 hours after your procedure.
- If you have had a back procedure with a local anesthetic you may experience numbness or weakness in your legs and feet until the medication wears off.
- If you have any problems after your procedure, please follow up with your pain management physician. The appropriate phone number will be provided on your discharge instructions.

Before Surgery

A nurse will contact you before your surgery with important information. Please call 513-619-5896 if you have not heard from us the day before your surgery.

Tips To Help You Prepare

- ❑ **Please complete your preoperative medical history as soon as possible and within 30 days of your surgery, and have all testing done as ordered by your surgeon.**
- ❑ Do not drink any alcoholic beverages the day before your surgery.
- ❑ If you have a cold, fever, or other illness within the last two weeks before surgery, please call your surgeon's office.
- ❑ **DO NOT EAT OR DRINK** anything after midnight (including gum, candy, coffee, etc.) unless told otherwise. If you eat or drink anything, your surgery will be cancelled and rescheduled. You may be instructed to take specific medications with a small sip of water.
- ❑ Have someone drive you to and from the Surgery Center and remain at the Center through out your surgery and recovery period. You may NOT drive after your surgery until your surgeon indicates that it is safe to do so.
- ❑ You must have a responsible adult with you for 24 hours after your surgery.
- ❑ Do not smoke immediately before or after surgery; it may cause nausea. The Surgery Center, including the building and surrounding environment, is a smoke-free facility.
- ❑ Take a bath/shower before leaving home.
- ❑ Leave all valuables and jewelry at home (including wedding bands).
- ❑ Wear comfortable clothing and shoes.
- ❑ Remove makeup, hairpins, contacts, body piercings, nail polish, etc.

What To Bring

- If you have Advance Directives (page 13) please bring a copy with you to be placed in your medical record.
- If you have a Medical Power of Attorney, that person must bring their legal documentation the day of surgery, or the surgery may be cancelled.
- List of all medications and dosages you are currently taking. **You will need this information to fill out the Surgery Center forms.** This can also be completed as part of the Simple Admit registration process.
- List of any allergies to medications or food
- Your insurance card and **identification**

Your Arrival Prior to Surgery

Arrive one hour before your scheduled surgery (*unless otherwise instructed*) to complete paperwork and pre-surgery workup.

- A team member who will expedite your check-in process will greet you.
- You will then be escorted to a private room where you will change clothes and the nurse will prepare you for surgery. Your family will then be able to join you briefly before your surgery. No one under 14 years of age is permitted in the PACU before surgery.
- You can leave your clothing in the room, as you will return there after the surgery. However, valuables should be left at home or given to a family member.
- Staff members are available to answer questions and provide updates to your loved ones while they wait. Complimentary coffee is available, as well as drink/snack machines.
- Most surgeries performed at the Surgery Center last two hours or less. Our physicians and staff work together closely to ensure the best possible outcome for you.

After Your Surgery

The recovery time varies depending on the surgery/procedure performed. A family member must remain at the facility until you are discharged.

- When you are taken back to your room, the nursing staff will perform an initial postoperative assessment while the physician meets with your family to discuss the surgery.
- A team member will bring your family member(s) back to see you once the nursing staff has completed the initial assessment and you are comfortably settled in your room for about an hour.
- Your blood pressure, pulse and breathing will be checked at intervals. Pain and anti-nausea medication will be given as needed.
- Specific instructions from your surgeon will be explained, and you will receive a written copy to bring home with you.
- If a prescription for pain medication or muscle relaxant is needed, your physician will give it to you before you leave the Surgery Center. You will need to fill the prescription at your local pharmacy.



Going Home After Surgery

Follow any specific discharge instructions provided by your physician or nurse.

- ❑ You may experience nausea, pain/discomfort, dizziness and sleepiness for several hours after surgery.
- ❑ Plan to have a responsible adult stay with you for at least 24 hours after arriving home.
- ❑ Wait until your physician says it's okay to:
 - Drive or operate any equipment
 - Sign important papers or make decisions
 - Drink alcoholic beverages
- ❑ Eat a light diet for at least 24 hours (unless otherwise instructed).

We will attempt to reach you at home the day after your procedure to make sure you are doing well.



Patient Rights & Responsibilities

As a patient at the Mayfield Spine Surgery Center, you have the right to:

1. Have you or your representative be informed of your rights.
2. Considerate, respectful care at all times and under all circumstances, with recognition of your personal dignity.
3. Personal and informational privacy, within the law.
4. Information concerning your diagnosis, treatment and expected outcome, to the degree known.
5. Receive care in a safe setting free of abuse and harassment.
6. Confidentiality of records and disclosures. Except when required by law, you have the right to approve or refuse the release of records.
7. Participate in and make decisions about medical care, including the right to accept or refuse medical or surgical treatment, except when such participation is contraindicated for medical reasons.
8. Know that the facility does not honor advance directives; however, any advance directives will be noted in the patient medical record and will be communicated to other medical facilities, if a transfer is needed. If requested, information regarding advance directives, state health and safety laws and the official state advance directive forms will be provided.
9. Impartial access to treatment regardless of race, color, sex, national origin, religion, sexual orientation, handicap, or disability. *(The Surgery Center adheres to all federal and state rules, regulations and policies to promote a nondiscriminatory environment for all of our patients).*
10. Receive estimated costs prior to the day of surgery and, as a follow up, receive an itemized bill for all services received.
11. Know that your physician may have financial interests or ownership in the Surgery Center.
12. Know the identity and professional status of individuals providing service to you.
13. Refuse to participate in experimental research
14. Report any comments or voice any grievances concerning the quality of services provided to you during the time spent at the facility without being subjected to discrimination or reprisal and receive timely, fair follow up on your comments.
15. Change your provider if qualified alternatives are available.
16. Be informed of any absence of malpractice insurance.
17. Know that our marketing and advertising is not misleading

**As a patient at the Mayfield Spine
Surgery Center, you are responsible for:**

1. Providing, to the best of your knowledge, accurate and complete information about your present health status and past medical history and reporting any unexpected changes to the appropriate practitioner(s).
2. Following the treatment plan recommended by the primary practitioner involved in your case.
3. Providing an adult to transport you home after surgery and an adult to be responsible for you at home during the first 24 hours after surgery.
4. Indicating whether you clearly understand a contemplated course of action and what is expected of you.
5. Your actions and adverse consequences that may result if you refuse treatment, leave the facility against the advice of the practitioner, and/or do not follow the practitioner's instructions relating to your case.
6. Accepting personal responsibility for charges related to your care and assuring that your portion of financial payment is submitted as quickly as possible.
7. Providing information about and/or copies of any living will, power of attorney or other directives that you desire us to know about.
8. Respecting our healthcare providers, staff, and patients.

**The Surgery Center has multiple reporting
mechanisms in place for expressing concerns.**

Administrator

4020 Smith Road | Norwood, OH 45209
513-619-5895 |

Ohio Department of Health PCSU,
246 North High Street Columbus, OH
43215 1-800-342-0553 (Ohio
Residents Only)
1-800-669-3534 (Health Care
Safety) 614-644-7726 or
614-644-0256
(Out-of-State Residents)

Office of the Medicare Beneficiary Ombudsman

1-800-MEDICARE (1-800-633-4227)
www.cms.hhs.gov/center/ombudsman.asp

Accreditation Association for Ambulatory Health Care

Phone: 1-847-853-6060 EMail: info@aaahc.org

Advance Directives

In the State of Ohio, all patients have the right to participate in their own health care decisions and to make Advance Directives or to execute Powers of Attorney that authorize others to make decisions on their behalf based on the patient's expressed wishes when the patient is unable to make decisions or unable to communicate decisions. The Mayfield Spine Surgery Center respects and upholds those rights.

However, unlike in an acute care hospital setting, the Mayfield Spine Surgery Center does not routinely perform "high risk" procedures. While no surgery is without risk, most procedures performed in this facility are considered to be of minimal risk. You will discuss the specifics of your procedure with your physician who can answer your questions as to its risks, your expected recovery, and care after your surgery. Therefore, it is our policy, regardless of the contents of any Advance Directives or instructions from a health care surrogate or attorney in fact, that if an adverse event occurs during your treatment at this facility, we will initiate resuscitative or other stabilizing measures and transfer you to an acute care hospital for further evaluation. At the acute care hospital, further treatments or withdrawal of treatment measures already begun will be ordered in accordance with your wishes, Advance Directives, or health care power of attorney. Your agreement with this facility's policy will not revoke or invalidate any current health care directive or health care power of attorney. If you wish to complete an Advance Directive, copies of the official State forms are available at our facility. If you do not agree with this facility's policy, we will be pleased to assist you in rescheduling your procedure.

Disclosure of Ownership

The Surgery Center is a partnership among spine specialists from the **renowned Mayfield Brain & Spine and Greater Cincinnati area, and United Surgical Partners International**, a leading owner and operator of short stay surgical facilities.

You have the right to use a health care provider or facility other than the Mayfield Spine Surgery Center for outpatient surgical services prescribed by us. Please feel certain that you will not be treated differently if you choose to have your surgery at a facility other than the Mayfield Spine Surgery Center.

The following physicians, through their ownership in the Mayfield Spine Surgery Center, are committed to maintaining the exceptional quality and service that patients and their families deserve and expect.

- Arthur G. Arand, MD
- Steven C. Bailey, MD
- Robert J. Bohinski, MD, PhD
- Donald Carruthers, MD
- Bradford Curt, MD
- Vincent A. DiNapoli, MD
- Michael C. Kachmann, MD
- George T. Mandybur, MD
- Christopher M. McPherson, MD
- Tann Nichols, MD
- Marc P. Orlando, MD
- Andrew J. Ringer, MD
- Bradbury A. Skidmore, MD
- Zachary J. Tempel, MD
- William D. Tobler, MD
- United Surgical Partners, Inc.

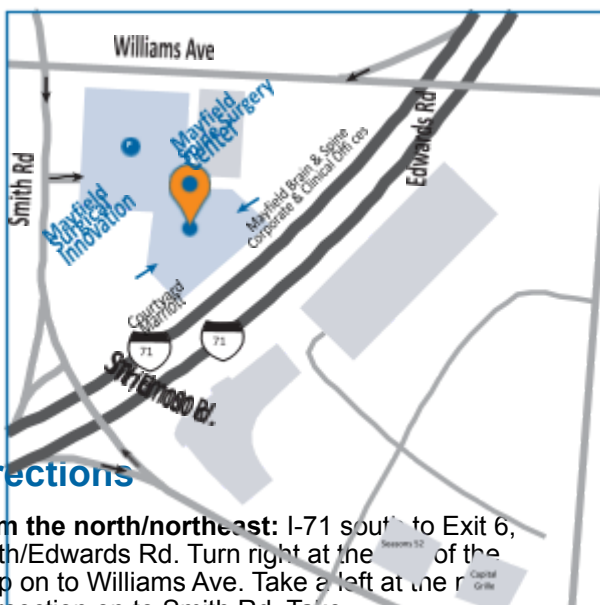
Your Appointment

DATE: _____

TIME: _____ AM PM

Please arrive at least one hour before your appointment.

HOURS: 6:00 am – 4:30 pm Monday – Friday



Directions

From the north/northeast: I-71 south to Exit 6, Smith/Edwards Rd. Turn right at the end of the ramp on to Williams Ave. Take a left at the next intersection on to Smith Rd. Take a left at the next light into the Cornerstone complex.

From the south: I-71 north to Exit 6, Smith/Edwards Rd. Take a left at the end of the ramp on Smith Rd. Turn right at the next light into the Cornerstone complex.

From the west/northwest: I-74 east to I-75 north. Follow Route 562 East/Norwood Lateral to I-71 South to Exit 6, Smith/Edwards Rd. Turn right at the end of the ramp on to Williams Ave. Take a left at the next intersection on to Smith Rd. Take a left at the light into the Cornerstone complex.

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